

People's Democratic Republic of Algeria
Ministry of Higher Education and Scientific Research
Larbi Ben M'hidi University – Oum El Bouaghi
Institute of Sciences and Techniques of Physical and
Sports Activities

In collaboration with the PRFU research team:

"Comparative study of anthropometric measurements and physical attributes between club athletes and students, and their relationship to talent identification."

The 4th National Colloquium entitled:

Physical and Sports Education, School Sports, and High- Performance Sports Perspectives and Challenges

Le 15 et 16 avril 2025



- **Honorary President:** Pr. **DIBI Zoheir**
Rector of Larbi Ben M'hidi University, Oum El Bouaghi
- **General Supervisor:** Dr. **LAZOUTI Alaeddine**
Director of the Institute of Sciences and Techniques of Physical and Sports Activities
- **Conference President:** Pr. **BOUDINA Billal**
- **President of the Scientific Committee:** Dr. **BENFADEL Fouad**
- **President of the Organizing Committee:** Dr. **ADDA Ouajdi**
- **President of the Communication Committee:** Dr. **BOUNAB Chaker**
- **Conference Coordinator:** Dr. **BOUTEBIA Omar**

Problematic of the Conference :

Physical and sports education is an essential part of general education, aiming to contribute to the formation of an individual who is beneficial to society and useful to the nation. It seeks to achieve a balance between various aspects of human development (physical, mental, psychological, etc.) by utilizing diverse activities. Through its curricular activities, physical and sports education prepares students physically, skillfully, and psychologically to face daily challenges and become more capable of solving problems. This is achieved by educating them on the principles and mechanics of human movement and by developing various physical and motor attributes such as speed, flexibility, and agility. Additionally, it fosters self-confidence, a spirit of challenge, a desire for victory, courage, and the ability to overcome anxiety and aggression—all while ensuring the enhancement of cognitive and intellectual abilities. On the other hand, through extracurricular activities, students are placed in a competitive sports environment that allows the identification, selection, and guidance of talented individuals. These students can go on to represent their institutions, districts, and states, and in some cases, even represent Algeria in international events. Thus, physical and sports education plays a crucial role in directing students from school sports to competitive sports and ultimately to high-performance sports. Athletes trained in sports clubs compete based on well-established training principles and methodologies, engaging in long-term planning, programming, competitions, and training camps. The intense competition among specialists in designing, planning, and programming training—while utilizing various scientific approaches and the latest technological advancements—has significantly contributed to refining and developing talents. This progress has enabled athletes to achieve record-breaking performances in global competitions, results that were once considered nearly impossible to attain.

Objectifs of Conference:

Bringing to light the theme of physical and sports education in Algerian schools: Between reality and hopes.

- Identifying the impact of school sports on improving students' athletic preparation and the early discovery of their talents.
- Providing insights into modern techniques in high-performance sports training.
- Highlighting the evolution of high-level sports practices.
- Emphasizing the effects of doping on sports performance and health.
- Training young individuals in linking theory to practice.

Conference Themes:

- **Axis 01:** Physical and sports education.
- **Axis 02:** School sports.
- **Axis 03:** Talent identification and guidance.
- **Axis 04:** The competency-based approach in physical and sports education.
- **Axis 05:** The requirements of high-performance sports.
- **Axis 06:** Anthropometric measurements and physical qualities in youth.
- **Axis 07:** Doping in the sports field.

Submission Guidelines:

Authors are required to adhere to the following instructions:

- Abstracts must be submitted in three languages: Arabic, English, or French, and must not exceed 300 words each.
- Page margins: 2.5 cm on each side.
- The paper should not exceed 12 pages (A4), with the following formatting:

- Arabic: Sakkal Majalla (14), line spacing (1.15)
- French & English: Times New Roman (12), line spacing (1)
- Bibliographic references must follow **APA (7th edition) standards**.
- The paper must align with one of the conference themes and adhere to the **IMRAD scientific methodology**. It must not have been previously presented at an international or national conference, a one-day symposium, or published in a scientific journal, regardless of its classification.
- Priority is given to individual and practical research.
- PhD students must participate with their supervisors and/or co-supervisors.
- Researchers can present their work in **Arabic, English, or French**.
- Participants will receive a **certificate of participation** along with a **copy of the conference proceedings**.
- **Participation fees of 2000 DA** must be paid to the university's account.

• Conference Registration:

Please fill out the **participation form** and submit the three abstracts exclusively to the following email address:

• Important Dates:

- **Deadline for abstract submission:** 1st April, 2025
- **Notification of acceptance:** 5th April, 2025
- **Deadline for full paper submission:** April 10, 2025

President of the Scientific Committee:

- **Dr. BENFADEL Fouad**

Members of the Scientific Committee :

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Dr. BOUNAB Chaker

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