



People's Democratic and Republic of Algeria
 Ministry of High Education and Scientific Research
 University of L'arbi Ben M'hidi Oum El Bouaghi
 Institute for Sciences and Techniques of Physical and Sports
 Activities

ORGANISES

The first national virtuel conference

Entitled:

« Contribution to the adaptation of curricula and programs of physical and sports activities in the light of the demands of the time

And according to the origins of sports practice and the principles and foundations of modern sports training »



Via google meet



In coordination with Laboratory of biological and psychological responses to physical and sports activity

December 11-12, 2021

Honorary President: Pr. DIBI Zohir:
 Director of the University L'arbi Ben M'hidi Oum El Bouaghi
 General Supervisor: Pr. BECHIR Houssam:
 Director of the Institute for Sciences and Techniques of Physical and Sports Activities
Conference Chairman:
Dr. MERABET MESSAOUD

The Chairman of the Scientific Committee of the Conference:
 Dr. BENFADEL foudad
 The Chairman of the Conference Organizing Committee:
 Dr. Mansouri abdallah
 the general coordinator : Dr. gheribi hichem
 the communication manager : Dr. Lazzouti alaeddine
 the secretary of the congress : MA. Boutbia omar

Email : Cong.nat.steps.oeb@univ-oeb.dz

Introduction:

Physical and sporting activity is one of the activities that have a positive impact on the scientific and practical life of the individual. It helps him to relive and renew his energies to continue working hard and stay away from the daily routine of work and study.

It also greatly contributes to assess the behavior of individuals and their involvement in active and peaceful groups. This facilitates the work and gives it more vitality, and therefore continuous productivity and high profitability.

On the other hand, there is an urgent need to practice moderate physical activity adapted to the individual according to his age and state of health.

As well as the practice of the activity in response to the need for activity and movement of the individual, due to the absence of movement imposed by technical progress.

What is imposed by the character of modern civilian life is the increase of modern diseases such as nervous tension, psychological stress, anxiety, frustration, cardiovascular disease, osteoporosis, etc.

Conference objectives:

- ✓ Spread the culture of sports practice in sports clubs and others.

- ✓ Create a space for discussion on the importance of physical sport activity.
- ✓ Emphasize the importance of physical and sports activities to prevent diseases of aging.
- ✓ Encourage physical and sports activities in the light of modern inventions.
- ✓ Lead research on recreation investment programs and strategies.

Axes of conference:

- ✓ Axis N° 1: educational physical and sports activity
- ✓ Axis N° 2: recreational physical and sport activity
- ✓ Axis N° 3: adapted physical and sporting activity
- ✓ Axis N° 4: modern sports training.
- ✓ Axis N° 5 : Approved training courses and programs in higher education
- ✓ Axis N° 6: Curricula and training programs adopted in national education
- ✓ Axis N° 7: Approved training courses and programs in the youth and sport sector.
- ✓ Axis N° 8 : The experiences of Arab and foreign countries in the field of sport in the light of current international economic challenges

Conditions for participation:

- Languages of the Conference: Arabic - English - French
(A summary must be included in a second language).

-The intervention must be written in a scientific methodology that takes into account all the conditions approved in the redaction of scientific research and it should be redacted on (A 4) paper.

- Arabic font (Simplified Arabic).

- The Arabic language typing standard (14).

- Interline in Arabic (1.15).

- Foreign languages fonts (times New Roman).

- Foreign-language typing standard (12).

- Margins of the paper (1.5 cm) on each side.

- The intervention must be related to one search theme.

-The abstract of intervention must not exceed 300 words.

-The maximum number of pages (15 pages) including references and the first page.

- The research should not been previously used in any international or national scientific conference, a one-day symposium, or published in a scientific journal, whatever its classification.

- The abstract must be is on one page; the same goes for a Curriculum Vitae summary of the first researcher.

Observation:

-The interventions are published in the Book
(ISBN) International Standard Book Number

Important schedule:

- Deadline to receive abstract on 20 november 2021.

- Responding to admissible intervention on 27 november 2021.

- Deadline to receive full interventions on 30 november 2021

Important Information:

To register for the conference and submit the abstract, the form must be filled out and sent to the following email:

Cong.nat.staps.oeb@unv-oeb.dz

The Chairman of the Scientific Committee of the Conference: Dr. benfadel fouad

The Scientific Committee of the Conference	
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The Chairman of the Conference Organizing: Dr. Mansouri abdallah

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