



University of Oum El Bouaghi
Institute of Sciences and Techniques of Physical and Sports Activities
Department of Physical Education and Sports



Bachelor 's Degree : 3rd year ([Competitive Sports Training](#))- S5

Period days	08 :00 - 09 :30	09 :30 – 11 :00	11 :00 – 12 :30	12 :30 – 14 :00	14 :00 – 15 :30	15 :30 – 17 :00
Sunday	Comparative education methodology Laoui I A 01	Specialty: Individual sports (Physical culture) Mansouri A R02		Specialty: Individual sports(Physical culture) Mansouri A G01 -practical work Gym	Specialty: Individual sports(Physical culture) Mansouri A G01 -practical work Gym	
Monday	Orientation and sports selection Chelihi O R02	Orientation and sports selection Chelihi O G01-Tutorials R02		Memory project Bourqchid H R02	Memory project Bourqchid H G01-Tutorials R02	
Tuesday	Speciality: Collective sports Guellati Y G01 -practical work Stadium	Speciality: Collective sports Guellati Y G01 -practical work Stadium		Speciality: Collective sports Guellati Y A 02		
Wednesday	Motricity Oudjedi A R 05	Motricity Oudjedi A G01-Tutorials R 05		Sports test batteries Raouame M R01	Sports test batteries Raouame M G01-Tutorials R01	
Thursday	Specialty: Individual sports(Swimming) Boudina B G01 -practical work Swimming POOL	Specialty: Individual sports(Swimming) Boudina B G01 -practical work Swimming POOL		Specialty: Individual sports(Swimming) Boudina B A 01		





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Monday	Orientation and sports selection Chelihi O R02	Orientation and sports selection Chelihi O G01-Tutorials R02		Memory project Bourqchid H R02	Memory project Bourqchid H G01-Tutorials R02	
Tuesday	Speciality: Collective sports Guellati Y G01 -practical work Stadium	Speciality: Collective sports Guellati Y G01 -practical work Stadium		Technology of education and sports activity Nouasrya M R 05	Technology of education and sports activity Nouasrya M G01-Tutorials R 05	
Wednesday	Motricity Oudjedi A R 05	Motricity Oudjedi A G01-Tutorials R 05		Speciality: Collective sports Djouani M R 01		
Thursday	Specialty: Individual sports(Swimming) Boudina B G01 -practical work Swimming POOL	Specialty: Individual sports(Swimming) Boudina B G01 -practical work Swimming POOL		Specialty: Individual sports(Swimming) Boudina B A 01		

