

Study Skills Exam Answer Key

Task 01 (10 pts) (01pts each)

1. By carefully reading the **assignment brief**, students can ensure they understand the requirements of the task and submit high-quality work. (“instructions” instead of “assignment brief” does not count)
2. By sticking to **deadlines**, students can significantly enhance their productivity, time management, and achieve their goals more effectively.
3. Students should try **critical thinking** by questioning, examining data, and developing their ideas.
4. Grouping similar tasks together to minimize context switching is a key benefit of **time-bloking (or) batching**.
5. **Organisation** is the ability to systematically arrange and manage resources (such as information, materials, and time) to achieve a specific goal, typically with efficiency and effectiveness.
6. The habit of **procrastination**, often described as putting off tasks even when you know you should do them, can be a big problem for many students.
7. **Active Learning** is a learning approach that emphasizes student engagement and participation in the learning process.
8. **Multimodal learning** involves engaging multiple senses and learning styles simultaneously to enhance the learning experience. (“multi-sensory” instead of “multimodal” does not count)
9. **Time management** requires making a plan breaking down time for learning, class attendance, and personal tasks.
10. **Boolean logic** is a system of formal logic that uses operators like AND, OR, and NOT to connect search terms and refine search results.

Task 02 (5pts)

Goal	SMART	Not SMART	Missing Quality
I will achieve a perfect score on every exam this semester.		✓ 0.25pts	(not achievable) 0.75pts
I will increase my exam grade in Study Skills from 11/20 to 16/20 by the end of the second semester.	✓ 01pts		

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I will improve my critical thinking skills by reading at least one non-fiction book per month.		✓	(not time-bound)
I will improve my grades in the next semester.		✓	(not specific)
I will run a 3km race in under 30 minutes by the end of the year.		✓	(not relevant)

Task 03 (5pts)

1. Kinesthetic learners learn best through lectures and discussions. (False 0.25pts/ Auditory 0.75pts)
2. Spaced repetition is a technique that involves reviewing information at increasing intervals. (True) (0.5pts)
3. Solitary learners always struggle in group settings and should avoid collaborative learning. (False/ could still benefit)
4. Because learning styles are related to personalities, they are fixed and unchanging throughout a person's life. (False/ they can evolve and adapt over time)
5. The Two-Minute Rule states that if a task takes longer than two minutes to complete, you should immediately delegate it to someone else. (False/ less than... do it immediately)
6. Goal setting involves clearly determining your accomplishments for each learning session or specific class. (True)