

1st Term Study Skills Exam

Answer Key

TASK I (05pts) (0.5pts each)

	TRUE	FALSE
1. Setting a deadline motivates you to take action.	<input checked="" type="checkbox"/>	
2. Note-taking methods include rubrics style, charting, outlining and mapping.	<input checked="" type="checkbox"/>	
3. Your goal and its benefits should be quantifiable.	<input checked="" type="checkbox"/>	
4. You can prioritise tasks effectively by working on tasks based on their complexity.		<input checked="" type="checkbox"/>
5. Your goal should identify a specific action or event that will take place.	<input checked="" type="checkbox"/>	
6. Your goal should not be realistic to your life		<input checked="" type="checkbox"/>
7. You can avoid procrastination by breaking tasks into smaller steps.	<input checked="" type="checkbox"/>	
8. Saying that you'll raise your credit score to 720 "someday", is not specific enough	<input checked="" type="checkbox"/>	
9. It is crucial that a student writes down everything their instructor says during a lecture		<input checked="" type="checkbox"/>
10. The first step in effective time management is making a to-do list		<input checked="" type="checkbox"/>

TASK II (05pts) (01pts each)

1) Having the confidence to apply imagination to your learning and problem-solving.

Creativity

2) This list will serve as a guide to keep you on track and prevent tasks from slipping through the cracks.

To-Do List

3) The opposite of multitasking, means focusing on one task at a time and getting it done before moving on to the next.

Single-tasking

4) A time management method that breaks work into 25-minute chunks followed by 5-minute breaks. It makes work feel less overwhelming. It also helps users focus on individual tasks for longer periods of time.

Pomodoro technique

5) The ability to sit with your experience, analyse and evaluate your own performance, and draw lessons from it.

Reflection

TASK III (05pts)

1) What type of task management technique is the following? **(01pts)**

Monday	9:00 AM - 12:00 PM: Focus on grammar and vocabulary exercises.
	1:00 PM - 3:00 PM: Work on writing assignments for language classes.
	4:00 PM - 6:00 PM: Attend a conversation practice group.
Wednesday	10:00 AM - 12:00 PM: Dedicated time for listening and pronunciation practice.
	2:00 PM - 4:00 PM: Attend a language lab and practice speaking with peers.
	5:00 PM - 7:00 PM: Review and revise previous week's language notes.

a) Time Blocking

- b) To-Do Lists
- c) SMART Goals
- d) All of the above

2) I enjoy reading and writing to study. Writing notes helps me remember information, and I often create flashcards with definitions and examples. I am a: **(01pts)**

- a) Visual learner
- b) Aural learner
- c) Physical learner

d) Verbal learner

3) When I take notes, I make sure they are color-coded, and I often use mind maps to connect concepts. Group discussions and collaborative projects are my go-to study methods. I enjoy bouncing ideas off my peers, and I find it beneficial to comprehend different perspectives. I am not a: **(01pts)**

- a) Visual learner
- b) Social learner
- c) Solitary learner**
- d) Both a and b

4) I prefer learning through lectures and discussions. I enjoy podcasts and audiobooks because I can absorb the content better that way. When studying, I like to categorize information, create flowcharts, and draw connections between concepts. **(0.5pts each)**

- a) Physical learner
- b) Aural learner**
- c) Logical learner**
- d) Verbal learner

5) Score at least 80% on the next three essay assignments by receiving constructive feedback, revising drafts, and implementing writing improvement strategies. This goal can be described as: **(01pts)**

- a) Specific
- b) Measurable**
- c) Time-Bound
- d) Relevant

TASK IV (05pts)

Paragraph writing criteria of evaluation:

Form and language correctness	01pts
Introducing collaborative learning	02pts
Tackling the concept of "Sabotage in Collaborative Learning" or any factors that hinder it, including lack of seriousness, coming late, jealousy, lack of motivation, etc.	02pts